

What to expect at my annual preventative / physical visit

➤ **Preventative / Physical visit**

- General physical exam
- Pelvic exam and breast exam for women (every 24 months for Medicare)
- Life and work situation
- Family health history
- Review of your health history
- Update current medications, herbs, supplements (Bring a list)
- Medication refills
- Evaluation of need for health screening tests such as mammogram and/or colonoscopy
- Update immunizations
- Laboratory tests – May be ordered during your wellness visit. Your insurance policy may not cover routine laboratory testing. (Lab tests for existing conditions will be billed as diagnostic lab and you may be responsible for copayments/deductibles)

➤ **NOT INCLUDED in preventative /physical visit**

- List of new concerns or questions
- In depth review of new health concerns or problems found at the time of your annual wellness visit.
- Addressing ongoing health problems that now need more attention

➤ **What If I have a new health problem when I come in my preventative/physical visit?**

If you wish to discuss issues beyond the scope of the preventative/physical exam during your visit, your insurance may require you to pay an additional copay/deductible.